

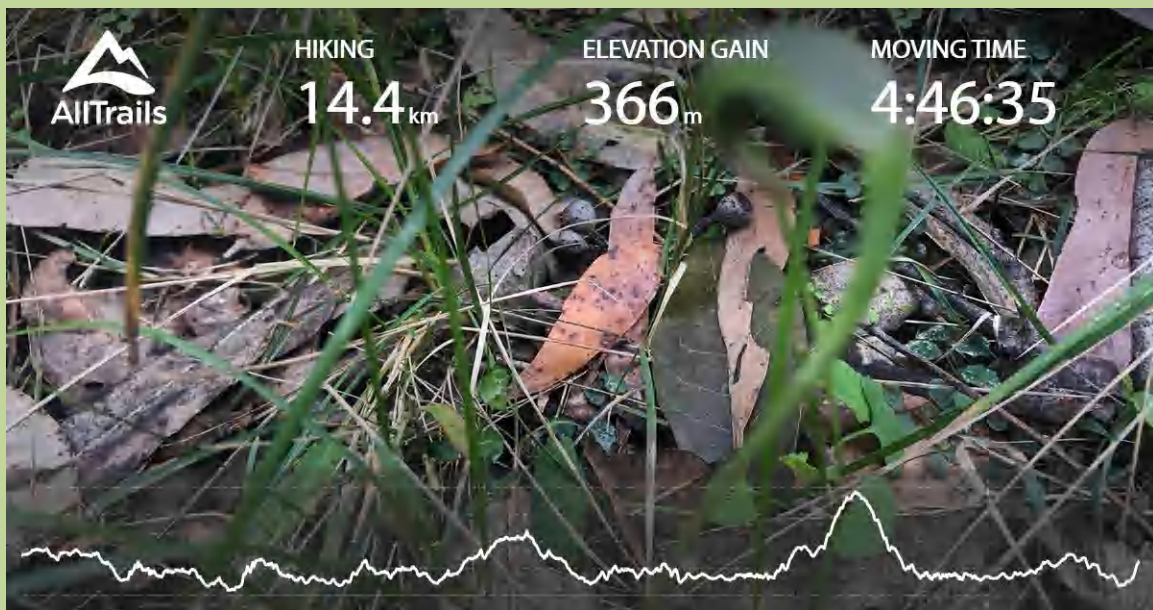
**Wednesday 2<sup>nd</sup> October 2019**

**NPA Walk:** Forest Island Path – Lady Carrington Drive to Palona Brook – Palona Cave – Bola Creek – Walumarra Track to top of escarpment – return to cars

**Party:** Brian Everingham (i/c), Faye Bingham, Esther Chow and newly minted member, Raquel Spratt

**Distance:** According to Alltrails, 14.4km      **Ascent:** 366      **Grade:** 3

See <https://www.alltrails.com/explore/recording/recording-02-oct-2-27-pm> for the map!



And if it wasn't for all those orchids we might have done the remaining four km on the tops. Mind you, it was getting somewhat warm and it would have been open and hot.

Anyhow, who says distance is anything special! And we did find four species of orchid along the way. My favourite had to be the *Pterostylis pedunculata* (Maroonhood). It was such a tiny one and caused considerable effort to get any image at all but in the end I think we did it!





*Pterostylis nutans* – Nodding Greenhood



*Petalochilus catenatus* – White Fingers



*Dendrobium speciosum* – Rock Orchid



But that's not all we saw.







Prostanthera sp















And all that was accompanied by an amazing bird chorus. I had a special delight in welcoming back the Black-faced Monarch but there was much, much else, including a pair of suicidal Superb Lyrebird as we drove to the walk!